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## . employment

August 2016-present: Professor, University of North Carolina at Greensboro
August 2007-July 2016: Associate Professor, University of North Carolina at Greensboro
August 2002-July 2007: Assistant Professor, University of North Carolina at Greensboro
August 2001-February 2002: Visiting Assistant Professor, University of Hamburg, Germany

#### . education

PhD in Psychology, University of Kansas: Summer 2001 Jack W. Brehm, chair; Christian S. Crandall, co-chair

Visiting Researcher, University of Erlangen, Germany: Spring 1999, Fall 2000

MA in Psychology, University of Kansas: Fall 1997 Jack W. Brehm, chair

BA in Psychology with Honors, University of Southern California: Spring 1996 T. Shelley Duval, advisor

## . publications

#### . books

- T. Shelley Duval & Paul J. Silvia (2001). *Self-awareness and causal attribution: A dual systems theory*. Boston: Kluwer Academic.
- Paul J. Silvia (2006). *Exploring the psychology of interest*. New York: Oxford University Press.
- Paul J. Silvia (2007). *How to write a lot: A practical guide to productive academic writing.* Washington, DC: American Psychological Association.
  - Translations: Complex (Traditional) Chinese; Korean; Spanish
- Paul J. Silvia, Peter F. Delaney, & Stuart Marcovitch (in press). What psychology majors could (and should) be doing: A guide to research experience, professional skills, and your options after college. Washington, DC: American Psychological Association.

#### First edition:

- Paul J. Silvia, Peter F. Delaney, & Stuart Marcovitch (2009). What psychology majors could (and should) be doing: An informal guide to research experience and professional skills. Washington, DC: American Psychological Association.
  - Translations: German
- David B. Feldman & Paul J. Silvia (2010). *Public speaking for psychologists: A lighthearted guide to research presentations, job talks, and other opportunities to embarrass yourself.*Washington, DC: American Psychological Association.
- Paul J. Silvia (2015). Write it up: Practical strategies for writing and publishing journal articles. Washington, DC: American Psychological Association.

## . review and theory articles

- Roger E. Beaty, Mathias Benedek, Paul J. Silvia, & Daniel L. Schacter (in press). Creative cognition and brain network dynamics. *Trends in Cognitive Sciences*.
- Christian S. Crandall, Paul J. Silvia, Ahogni N. N'Gbala, Joanne Tsang, & Karen Dawson (2007). Balance theory, unit relations, and attribution: The underlying integrity of Heiderian theory. *Review of General Psychology, 11,* 12–30.
- William Bradley McKibben & Paul J. Silvia (in press). Inattentive and socially desirable responding: Addressing subtle threats to validity in quantitative counseling research.

- Counseling Outcome Research and Evaluation.
- Paul J. Silvia (2001). Interest and interests: The psychology of constructive capriciousness. *Review of General Psychology, 5, 270–290.*
- Paul J. Silvia (2001). Expressed and measured vocational interests: Distinctions and definitions. *Journal of Vocational Behavior*, 59, 382–393.
- Paul J. Silvia (2005). Emotional responses to art: From collation and arousal to cognition and emotion. *Review of General Psychology*, *9*, 342–357.
- Paul J. Silvia (2007). An introduction to multilevel modeling for research on the psychology of art and creativity. *Empirical Studies of the Arts*, 25, 1–20.
- Paul J. Silvia (2008). Interest—The curious emotion. *Current Directions in Psychological Science*, 17, 57–60.
- Paul J. Silvia (2009). Looking past pleasure: Anger, confusion, disgust, pride, surprise, and other unusual aesthetic emotions. *Psychology of Aesthetics, Creativity, and the Arts, 3,* 48–51.
- Paul J. Silvia (2015). Intelligence and creativity are pretty similar after all. *Educational Psychology Review*, *27*, 599-606.
- Paul J. Silvia & T. Shelley Duval (2001). Objective self-awareness theory: Recent progress and enduring problems. *Personality and Social Psychology Review*, *5*, 230–241.
- Paul J. Silvia & Guido H. E. Gendolla (2001). On introspection and self-perception: Does self-focused attention enable accurate self-knowledge? *Review of General Psychology*, *5*, 241–269.
- Paul J. Silvia & Todd B. Kashdan (2009). Interesting things and curious people: Exploration and engagement as transient states and enduring strengths. *Social and Personality Psychology Compass*, *3*, 785–797.
- Paul J. Silvia & Thomas R. Kwapil (2011). Aberrant asociality: How individual differences in social anhedonia illuminate the need to belong. *Journal of Personality*, 79, 1315-1332.

- Paul J. Silvia & Maureen E. O'Brien (2004). Self-awareness and constructive functioning: Revisiting "the human dilemma." *Journal of Social and Clinical Psychology*, 23, 475–489.
- Paul J. Silvia, Benjamin Wigert, Roni Reiter-Palmon, & James C. Kaufman (2012). Assessing creativity with self-report scales: A review and empirical evaluation. *Psychology of Aesthetics, Creativity, and the Arts, 6,* 19-34.

# . empirical articles (by year)

#### . in press

- Roger E. Beaty, Scott Barry Kaufman, Mathias Benedek, Rex E. Jung, Yoed N. Kenett, Emanuel Jauk, Aljoscha C. Neubauer, Paul J Silvia (in press). Personality and complex brain networks: The role of openness to experience in default network activity. *Human Brain Mapping*.
- Kirill Fayn, Carolyn MacCann, Niko Tiliopoulos, & Paul J. Silvia (in press). Aesthetic emotions and aesthetic people: Openness predicts sensitivity to novelty in the experiences of interest and pleasure. *Frontiers in Psychology*, 6(1877). doi: 10.3389/fpsyg.2015.01877
- Scott Barry Kaufman, Aaron Kozbelt, Paul J. Silvia, James C. Kaufman, Sheela Ramesh, & Gregory J. Feist (in press). Who finds Bill Gates sexy? Creative mate preferences as a function of cognitive ability, personality, and creative achievement. *Journal of Creative Behavior*.
- Yoed N. Kenett, Roger E. Beaty, Paul J. Silvia, David Anaki, & Miriam Faust (in press). Structure and flexibility: Investigating the relation between the structure of the mental lexicon, fluid intelligence, and creative achievement. *Psychology of Aesthetics, Creativity, and the Arts.*
- William Bradley McKibben & Paul J. Silvia (in press). Evaluating distorting effects of inattentive responding and social desirability on self-report scales in creativity and the arts. *Journal of Creative Behavior*.
- Paul J. Silvia, Emily C. Nusbaum, & Roger E. Beaty (in press). Old or new? Evaluating the old/new scoring method for divergent thinking tasks. *Journal of Creative Behavior*.
- Paul J. Silvia, Karen S. Thomas, Emily C. Nusbaum, Roger E. Beaty, & Donald A. Hodges (in press). How does music training predict cognitive abilities? A bifactor approach to

- musical expertise and intelligence. Psychology of Aesthetics, Creativity, and the Arts.
- Christina M. Rodriguez, Tamika L. Smith, & Paul J. Silvia (in press). Multimethod prediction of physical parent–child aggression risk in expectant mothers and fathers with Social Information Processing Theory. *Child Abuse and Neglect*.
- Karen S. Thomas, Paul J. Silvia, Emily C. Nusbaum, Roger E. Beaty, & Donald A. Hodges (in press). Openness to experience and auditory discrimination ability in music: An investment approach. *Psychology of Music*.

- Roger E. Beaty, Mathias Benedek, Scott Barry Kaufman, & Paul J. Silvia (2015). Default and executive network coupling supports creative idea production. *Nature Scientific Reports*, 5: 10964. DOI: 10.1038/srep10964
- Tamlin S. Conner & Paul J. Silvia (2015). Creative days: A daily diary study of emotion, personality, and everyday creativity. *Psychology of Aesthetics, Creativity, & the Arts, 9,* 463-470.
- Kari M. Eddington, Paul J. Silvia, Tamara E. Foxworth, Ariana Hoet, & Thomas R. Kwapil (2015). Motivational deficits differentially predict improvement in a randomized trial of Self-System Therapy for depression. *Journal of Consulting and Clinical Psychology*, 83, 602-616.
- Georgina M. Gross, Paul J. Silvia, Neus Barrantes-Vidal, & Thomas R. Kwapil (2015). The dimensional structure of short forms of the Wisconsin Schizotypy Scales. *Schizophrenia Research*, *166*, 80-85.
- Nathan A. Kimbrel, Bryann B. DeBeer, Eric C. Meyer, Paul J. Silvia, Jean C. Beckham, Keith A. Young, & Sandra B. Morissette (2015). An examination of the broader effects of warzone experiences on returning Iraq/Afghanistan veterans' psychiatric health. *Psychiatry Research*, 226, 78-83.
- Nathan A. Kimbrel, Kim L. Gratz, Matthew T. Tull, Sandra B. Morissette, Eric C. Meyer, Bryann B. DeBeer, Paul J. Silvia, Patrick C. Calhoun, & Jean C. Beckham (2015). Non-suicidal self-injury as a predictor of active and passive suicidal ideation among Iraq/Afghanistan war veterans. *Psychiatry Research*, 227, 360-362.

- Nathan A. Kimbrel, Sandra B. Morissette, Eric C. Meyer, Roberta Chrestman, Robert Jamroz, Paul J. Silvia, Jean C. Beckham, & Keith A. Young (2015). Effect of the 5-HTTLPR polymorphism on posttraumatic stress disorder, depression, anxiety, and quality of life among Iraq and Afghanistan veterans. *Anxiety, Stress, & Coping, 28, 456-466*.
- Emily C. Nusbaum, Paul J. Silvia, Roger E. Beaty, Chris J. Burgin, & Thomas R. Kwapil (2015). Turn that racket down! Physical anhedonia and diminished pleasure from music. *Empirical Studies of the Arts*, 33, 228-243.
- Tamara Sheinbaum, Thomas R. Kwapil, Sergi Ballespi, Merce Mitjavila, Charlotte A. Chun, Paul J. Silvia, & Neus Barrantes-Vidal (2015). Attachment style predicts affect, cognitive appraisals, and social functioning in daily life. *Frontiers in Psychology, 6*(296), 1-10.
- Paul J. Silvia, Kirill Fayn, Emily C. Nusbaum, & Roger E. Beaty (2015). Openness to experience and awe in response to nature and music: Personality and profound aesthetic experiences. *Psychology of Aesthetics, Creativity, and the Arts, 9,* 376-384.

- Roger E. Beaty, Mathias Benedek, Robin W. Wilkins, Emanuel Jauk, Andreas Fink, Paul J. Silvia, Donald A. Hodges, Karl Koschutnig, & Aljoscha C. Neubauer (2014). Creativity and the default network: A functional connectivity analysis of the creative brain at rest. *Neuropsychologia*, *64*, 92-98.
- Roger E. Beaty, Emily C. Nusbaum, & Paul J. Silvia (2014). Does insight problem solving predict real-world creativity? *Psychology of Aesthetics, Creativity, and the Arts, 8*, 287-292.
- Roger E. Beaty, Paul J. Silvia, Emily C. Nusbaum, Emanuel Jauk, & Mathias Benedek (2014). The roles of associative and executive processes in creative cognition. *Memory and Cognition*, 42, 1186-1197.
- Benedek, M., Beaty, R. E., Jauk, E., Koschutnig, K., Fink, A., Silvia, P. J., Dunst, B., & Neubauer, A. C. (2014). Creating metaphors: The neural basis of figurative language production. *NeuroImage*, 90, 99-106.
- Leslie H. Brown, Neus Barrantes-Vidal, Paul J. Silvia, & Thomas R. Kwapil (2014). Worries about being judged versus being harmed: Disentangling the association of social anxiety and paranoia with schizotypy. *PLOS One*, *9*(6).

- Georgina M. Gross, Juliann Mellin, Paul J. Silvia, Neus Barrantes-Vidal, & Thomas R. Kwapil (2014). Comparing the factor structure of the Wisconsin Schizotypy Scales and the Schizotypal Personality Questionnaire. *Personality Disorders: Theory, Research, and Treatment*, 5, 397-405.
- Emily C. Nusbaum, Paul J. Silvia, & Roger E. Beaty (2014). Ready, set, create: What instructing people to "be creative" reveals about the meaning and mechanisms of divergent thinking. *Psychology of Aesthetics, Creativity, and the Arts, 8*, 423-432.
- Emily C. Nusbaum, Paul J. Silvia, Roger E. Beaty, Christopher J. Burgin, Donald A. Hodges, & Thomas R. Kwapil (2014). Listening between the notes: Aesthetic chills in everyday music listening. *Psychology of Aesthetics, Creativity, and the Arts*, 8, 104-109.
- Mary Bower Russa, Christina M. Rodriguez, & Paul J. Silvia (2014). Frustration influences impact of history and disciplinary attitudes on physical discipline decision making. *Aggressive Behavior*, 40, 1-11.
- Paul J. Silvia, Roger E. Beaty, Emily C. Nusbaum, Kari M. Eddington, Holly Levin-Aspenson, & Thomas R. Kwapil (2014). Everyday creativity in daily life: An experience-sampling study of "little c" creativity. *Psychology of Aesthetics, Creativity, and the Arts, 8,* 183-188.
- Paul J. Silvia, Roger E. Beaty, Emily C. Nusbaum, Kari M. Eddington, & Thomas R. Kwapil (2014). Creative motivation: Creative achievement predicts cardiac autonomic markers of effort during divergent thinking. *Biological Psychology*, 102, 30-37.
- Paul J. Silvia, Bryonna A. Jackson, & Rachel S. Sopko (2014). Does baseline heart rate variability reflect stable positive emotionality? *Personality and Individual Differences*, 70, 183-187.
- Paul J. Silvia, Thomas R. Kwapil, Molly A. Walsh, & Inez Myin-Germeys (2014). Planned missing data designs in experience sampling research: Monte Carlo simulations of efficient designs for assessing within-person constructs. *Behavior Research Methods*, 46, 41-54.
- Paul J. Silvia, Lance C. Moore, & Joseph L. Nardello (2014). Trying and quitting: How self-focused attention influences effort during difficult and impossible tasks. *Self and Identity*, 13, 231-242.
- Paul J. Silvia, Emily C. Nusbaum, & Roger E. Beaty (2014). Blessed are the meek? Honesty-

- humility, agreeableness, and the HEXACO structure of religious beliefs, motives, and values. *Personality and Individual Differences*, 66, 19-23.
- Paul J. Silvia, Emily C. Nusbaum, Kari M. Eddington, Roger E. Beaty, & Thomas R. Kwapil (2014). Effort deficits and depression: The influence of anhedonic depressive symptoms on cardiac autonomic activity during a mental challenge. *Motivation and Emotion*, 38, 779-789.
- Oshin Vartanian, Fethi Bouak, J. L. Caldwell, Bob Cheung, Gerald Cupchik, Marie-Eve Jobidon, Quan Lam, Ann Nakashima, Michel Paul, Henry Peng, Paul J. Silvia, & Ingrid Smith (2014). The effects of a single night of sleep deprivation on fluency and prefrontal cortex function during divergent thinking. *Frontiers in Human Neuroscience*, 8(214), 1-12.

- Roger E. Beaty, Chris J. Burgin, Emily C. Nusbaum, Thomas R. Kwapil, Donald A. Hodges, & Paul J. Silvia (2013). Music to the inner ears: Exploring individual differences in musical imagery. *Consciousness and Cognition*, 22, 1163-1173.
- Roger E. Beaty & Paul J. Silvia (2013). Metaphorically speaking: Cognitive abilities and the production of figurative speech. *Memory and Cognition*, 41, 255-267.
- Roger E. Beaty, Paul J. Silvia, Emily C. Nusbaum, & Oshin Vartanian (2013). Tired minds, tired ideas? Exploring insomnia and creativity. *Thinking Skills and Creativity*, *9*, 69-75.
- Roger E. Beaty, Bridget A. Smeekens, Paul J. Silvia, Donald A. Hodges, & Michael J. Kane (2013). A first look at the role of domain-general cognitive and creative abilities in jazz improvisation. *Psychomusicology*, 23, 262-268.
- Christopher Burgin, Paul J. Silvia, Kari M. Eddington, & Thomas R. Kwapil (2013). Palm or cell? Comparing personal digital assistants and cell phones for experience sampling research. *Social Science Computer Review*, 31, 244.251.
- Todd B. Kashdan, C. Nathan DeWall, Richard S. Pond, Jr., Paul J. Silvia, Nathaniel M. Lambert, Frank D. Fincham, & Antonina A. Savostyanova (2013). Curiosity protects against interpersonal aggression: Cross-sectional, daily process, and behavioral evidence. *Journal of Personality*, 81, 87-102.

- Thomas R. Kwapil, Daniella DeGeorge, Molly A. Walsh, Christopher J. Burgin, Paul J. Silvia, & Neus Barrantes-Vidal (2013). Affective temperaments: Unique constructs or dimensions of normal personality by another name? *Journal of Affective Disorders*, 151, 882-890.
- Thomas R. Kwapil, Georgina M. Gross, Paul J. Silvia, & Neus Barrantes-Vidal (2013). Prediction of psychopathology and functional impairment by positive and negative schizotypy in the Chapmans' ten-year longitudinal study. *Journal of Abnormal Psychology*, 122, 807-815.
- Paul J. Silvia (2013). Interested experts, confused novices: Art expertise and the knowledge emotions. *Empirical Studies of the Arts*, 31, 107-116.
- Paul J. Silvia, Roger E. Beaty, & Emily C. Nusbaum (2013). Verbal fluency and creativity: General and specific contributions of broad retrieval ability (Gr) factors to divergent thinking. *Intelligence*, 41, 328-340.
- Paul J. Silvia, Kari M. Eddington, Roger E. Beaty, Emily C. Nusbaum, & Thomas R. Kwapil (2013). Gritty people try harder: Grit and effort-related cardiac autonomic activity during an active coping challenge. *International Journal of Psychophysiology*, 88, 200-205.
- Paul J. Silvia, Casey S. Kelly, Alireza Zibaie, Joseph L. Nardello, & Lance C. Moore (2013). Trait self-focused attention increases sensitivity to nonconscious primes: Evidence from effort-related cardiovascular reactivity. *International Journal of Psychophysiology, 88*, 143-148.
- Paul J. Silvia, Thomas R. Kwapil, Kari M. Eddington, & Leslie H. Brown (2013). Missed beeps and missing data: Dispositional and situational predictors of non-response in experience sampling research. *Social Science Computer Review, 31,* 471-481.
- Paul J. Silvia & Ann G. Phillips (2013). Self-awareness without awareness? Implicit self-focused attention and behavioral self-regulation. Self and Identity, 12, 114-127.

  This paper received the 2013 Best Paper Award from the International Society of Self and Identity.

Roger E. Beaty & Paul J. Silvia (2012). Why do ideas get more creative across time? An executive interpretation of the serial order effect in divergent thinking tasks. *Psychology of* 

- Aesthetics, Creativity, and the Arts, 6, 309-319.
- Christopher J. Burgin, Leslie H. Brown, Amethyst Royal, Paul J. Silvia, Neus Barrantes-Vidal, & Thomas R. Kwapil (2012). Being with others and feeling happy: Emotional expressivity in everday life. *Personality and Individual Differences*, 53, 185-190.
- Kari M. Eddington, Catherine Majestic, & Paul J. Silvia (2012). Contrasting regulatory focus and reinforcement sensitivity: A daily diary study of goal pursuit and emotion. *Personality and Individual Differences*, 53, 335-340.
- Peter R. Giancola, Dominic J. Parrott, Paul J. Silvia, C. Nathan DeWall, Laurent Bègue, Baptiste Subra, & Aaron A. Duke (2012). The disguise of sobriety: Unveiled by alcohol in persons with an aggressive personality. *Journal of Personality*, 80, 163-185.
- Georgina M. Gross, Paul J. Silvia, Neus Barrantes-Vidal, & Thomas R. Kwapil (2012).

  Psychometric properties and validity of short forms of the Wisconsin Schizotypy Scales in two large samples. *Schizophrenia Research*, 134, 267-272.
- Thomas R. Kwapil, Agnès Ros-Morente, Paul J. Silvia, & Neus Barrantes-Vidal (2012). Factor invariance of psychometric schizotypy in Spanish and American samples. *Journal of Psychopathology and Behavioral Assessment*, 34, 145-152.
- Thomas R. Kwapil, Leslie H. Brown, Paul J. Silvia, Inez Myin-Germeys, & Neus Barrantes-Vidal (2012). The expression of positive and negative schizotypy in daily life: An experience sampling study. *Psychological Medicine*, *42*, 2555-2566.
- Paul J. Silvia (2012). Mirrors, masks, and motivation: Implicit and explicit self-focused attention influence effort-related cardiovascular reactivity. *Biological Psychology*, *90*, 192-201.
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- Paul J. Silvia & Emily C. Nusbaum (2012). What's your major? College majors as markers of creativity. *International Journal of Creativity and Problem-Solving*, 22, 31-43.
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- C. Nathan DeWall, Paul J. Silvia, David R. Schurtz, & Jessica McKenzie (2011). Taste sensitivity and aesthetic preferences: Is taste only a metaphor? *Empirical Studies of the Arts*, 29, 171-189.
- Thomas R. Kwapil, Neus Barrantes-Vidal, Molly S. Armistead, Gena A. Hope, Leslie H. Brown, Paul J. Silvia, & Inez Myin-Germeys (2011). The expression of bipolar spectrum psychopathology in daily life. *Journal of Affective Disorders*, 130, 166-170.
- Emily C. Nusbaum & Paul J. Silvia (2011). Are intelligence and creativity really so different? Fluid intelligence, executive processes, and strategy use in divergent thinking. *Intelligence*, 39, 36-45.
- Emily C. Nusbaum & Paul J. Silvia (2011). Are openness and intellect distinct aspects of openness to experience? A test of the O/I model. *Personality and Individual Differences*, 51, 571-574.
- Emily C. Nusbaum & Paul J. Silvia (2011). Shivers and timbres: Personality and the experience of chills from music. *Social Psychological and Personality Science*, *2*, 199-204.
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- Paul J. Silvia, James C. Kaufman, Roni Reiter-Palmon, & Benjamin Wigert (2011). Cantankerous creativity: Honesty-humility, agreeableness, and the HEXACO structure of creativity. *Personality and Individual Differences*, 51, 687-689.
- Paul J. Silvia & Thomas R. Kwapil (2011). Aberrant asociality: How individual differences in social anhedonia illuminate the need to belong. *Journal of Personality*, 79, 1315-1332.
- Paul J. Silvia & Emily C. Nusbaum (2011). On personality and piloerection: Individual differences in aesthetic chills and other unusual aesthetic experiences. *Psychology of Aesthetics, Creativity, and the Arts,* 5, 208-214.
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- Ann G. Phillips & Paul J. Silvia (2010). Individual differences in self-discrepancies and emotional experience: Do distinct discrepancies predict distinct emotions? *Personality and Individual Differences*, 49, 148–151.

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Scott Eidelman, Paul J. Silvia, & Monica Biernat (2006). Responding to deviance: Target exclusion and differential devaluation. *Personality and Social Psychology Bulletin*, 32, 1153–1164.

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- Paul J. Silvia (2006). Artistic training and interest in visual art: Applying the appraisal model of aesthetic emotions. *Empirical Studies of the Arts*, 24, 139–161.
- Paul J. Silvia (2006). Reactance and the dynamics of disagreement: Multiple paths from threatened freedom to resistance to persuasion. *European Journal of Social Psychology*, 36, 673–685.
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- Paul J. Silvia, Wesley D. Allan, Daniel L. Beauchamp, Emily L. Maschauer, & Jamie O. Workman (2006). Biased recognition of happy facial expressions in social anxiety. *Journal of Social and Clinical Psychology*, 25, 585–602.
- Paul J. Silvia, Ann G. Phillips, Miriam K. Baumgaertner, & Emily L. Maschauer (2006). Emotion concepts and self-focused attention: Exploring parallel effects of emotional states and emotional knowledge. *Motivation and Emotion*, 30, 229–235.
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- Paul J. Silvia (2005). Cognitive appraisals and interest in visual art: Exploring an appraisal theory of aesthetic emotions. *Empirical Studies of the Arts*, 23, 119–133.
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- Paul J. Silvia, Joshua S. Graham, & Chasidy N. Hawley (2005). Changing attitudes toward prison reform: Effects of similarity to prisoners on attraction and rejection. *Journal of Applied Social Psychology*, 35, 248-258.

- Paul J. Silvia & Jan Eichstaedt (2004). A self-novelty manipulation of self-focused attention for Internet and laboratory experiments. *Behavior Research Methods, Instruments, and Computers*, 36, 325–330.
- Paul J. Silvia & Ann G. Phillips (2004). Self-awareness, self-evaluation, and creativity. *Personality and Social Psychology Bulletin*, 30, 1009–1017.
- Chadwick J. Snow, T. Shelley Duval, & Paul J. Silvia (2004). When the self stands out: Figure–ground effects on self-focused attention. *Self and Identity*, *3*, 355–363.

- Jan Eichstaedt & Paul J. Silvia (2003). Noticing the self: Implicit assessment of self-focused attention using word recognition latencies. *Social Cognition*, *21*, 349–361.
- Paul J. Silvia (2003). Self-efficacy and interest: Experimental studies of optimal incompetence. *Journal of Vocational Behavior, 62,* 237–249.
- Paul J. Silvia (2003). Throwing away the key: Measuring prison reform attitudes. *Journal of Applied Social Psychology*, 33, 2553–2564.
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. 2002

- T. Shelley Duval & Paul J. Silvia (2002). Self-awareness, probability of improvement, and the self-serving bias. *Journal of Personality and Social Psychology*, 82, 49–61.
- Paul J. Silvia (2002). Self-awareness and emotional intensity. *Cognition and Emotion, 16,* 195–216.
- Paul J. Silvia (2002). Self-awareness and the regulation of emotional intensity. *Self and Identity, 1,* 3–10.
- Paul J. Silvia & Andrea E. Abele (2002). Can positive affect induce self-focused attention? Methodological and measurement issues. *Cognition and Emotion, 16,* 845–853.

#### . 2001 and earlier

- Michael T. Schmitt, Paul J. Silvia, & Nyla R. Branscombe (2000). The intersection of self-evaluation maintenance and social identity theories: Intragroup judgment in interpersonal and intergroup contexts. *Personality and Social Psychology Bulletin, 26,* 1598–1606.
  - Winner of the Society for Personality & Social Psychology's 2001 Student Publication Award
- Paul J. Silvia (2001). Nothing or the opposite: Intersecting terror management and objective self-awareness. *European Journal of Personality*, 15, 73–82.
- Paul J. Silvia & Jack W. Brehm (2001). Exploring alternative deterrents to emotional intensity: Anticipated happiness, distraction, and sadness. *Cognition and Emotion*, *15*, 575–592.
- Paul J. Silvia & T. Shelley Duval (2001). Predicting the interpersonal targets of self-serving attributions. *Journal of Experimental Social Psychology*, *37*, 333–340.

## . chapters in handbooks and edited books

Kirill Fayn & Paul J. Silvia (2015). States, people, and contexts: Three psychological challenges for the neuroscience of aesthetics. In J. P. Huston, M. Nadal, F. Mora, L. F. Agnati, & C. J. Cela-Conde (Eds.), *Arts, aesthetics, and the brain* (pp. 40-56). New York: Oxford University Press.

- Todd B. Kashdan & Paul J. Silvia (2009). Curiosity and interest: The benefits of thriving on novelty and challenge. In C. R. Snyder & S. J. Lopez (Ed.), *Handbook of positive psychology* (2nd ed., pp. 367–374). New York: Oxford University Press.
- Todd B. Kashdan & Paul J. Silvia (2013). Curiosity as a social lubricant: Transforming conversations to be interesting, engaging, and meaningful. In J. J. Froh & A. C. Parks-Sheiner (Eds.), *Activities for teaching positive psychology: A guide for instructors* (pp. 129-132). Washington DC: American Psychological Association.
- Thomas R. Kwapil, Georgina M. Gross, Charlotte A. Chun, Paul J. Silvia, & Neus Barrantes-Vidal (2014). Anhedonia and negative symptom schizotypy. In M. Ritsner (Ed.), *Anhedonia: A comprehensive handbook* (Vol. 2, pp. 203-226). New York, NY: Springer Science.
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- Emily C. Nusbaum, Roger E. Beaty, & Paul J. Silvia (2014). Ruminating about mental illness and creativity. In J. C. Kaufman (Eds.), *Mental illness and creativity* (pp. 395-402).

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- Emily C. Nusbaum & Paul J. Silvia (2014). Unusual aesthetic states. In P. P. L. Tinio & J. K. Smith (Eds.), *The Cambridge handbook of the psychology of aesthetics and the arts* (pp. 519-539). Cambridge, UK: Cambridge University Press.
- Emily C. Nusbaum & Paul J. Silvia (in press). What are funny people like? Exploring the crossroads of humor ability and openness to experience. In G. J. Feist, R. Reiter-Palmon, & J. C. Kaufman (Eds.), *Cambridge handbook of creativity and personality research*. New York, NY: Cambridge University Press.
- Victoria C. Oleynick, Colin G. DeYoung, Elizabeth Hyde, Scott B. Kaufman, Roger E. Beaty, and Paul J. Silvia (in press). Openness/Intellect: The core of the creative personality. In G. J. Feist, R. Reiter-Palmon, & J. C. Kaufman (Eds.), *Cambridge handbook of creativity and personality research*. New York, NY: Cambridge University Press.
- Paul J. Silvia (2012). Curiosity and motivation. In R. M. Ryan (Ed.), Oxford handbook of human

- motivation (pp. 157-166). New York: Oxford University Press.
- Paul J. Silvia (2012). Human emotions and aesthetic experience: An overview of empirical aesthetics. In A. P. Shimamura & S. E. Palmer (Eds.), *Aesthetic science: Connecting minds, brains, and experience* (pp. 250-275). New York: Oxford University Press.
- Paul J. Silvia (2013). Knowledge emotions: Feelings that foster learning, exploring, and reflecting. In R. Biswas-Diener & E. Diener (Eds.), *Noba textbook series: Psychology*. Champaign, IL: Diener Education Fund, Publishers.
- Paul J. Silvia (2014). Self-striving: How self-focused attention affects effort-related cardiovascular activity. In G. H. E. Gendolla, Mattie Tops, & Sander Koole (Eds.), *Handbook of biobehavioral approaches to self-regulation* (pp. 301-314). New York: Springer.
- Paul J. Silvia (in press). Writing methodically: Teaching students by our words and deeds. In S. Carter & D. Laurs (Eds.), *Giving feedback on research writing: A handbook for supervisors and advisors*. London: Routledge.
- Paul J. Silvia & T. Shelley Duval (2004). Self-awareness, self-motives, and self-motivation. In Rex A. Wright, Jeff Greenberg, & Sharon S. Brehm (Eds.), *Motivational analyses of social behavior: Building on Jack Brehm's contributions to psychology* (pp. 57–75). Mahwah, NJ: Lawrence Erlbaum Associates.
- Paul J. Silvia & Kari M. Eddington (2012). Self and emotion. In M. R. Leary and J. P. Tangney (Eds.), *Handbook of self and identity* (2nd ed., pp. 425-445). New York: Guilford.
- Paul J. Silvia & Todd B. Kashdan (in press). Curiosity and interest: The benefits of thriving on novelty and challenge. In S. J. Lopez, L. M. Edwards, & S. C. Marques (Ed.), *Handbook of positive psychology* (3rd ed.). New York: Oxford University Press.
- Paul J. Silvia & James C. Kaufman (2010). Creativity and mental illness. In James C. Kaufman & R. J. Sternberg (Eds.), *Cambridge handbook of creativity* (pp. 381-394). New York: Cambridge University Press.
- Paul J. Silvia & John B. Warburton (2006). Positive and negative affect: Bridging states and traits. In Jay C. Thomas & Daniel L. Segal (Eds.) *Comprehensive handbook of personality and psychopathology, Vol. 1: Personality and everyday functioning* (pp. 268–284). New

York: Wiley.

#### . book reviews

- Nusbaum, E. C., & Silvia, P. J. (2008). Review of the book *Undergraduate writing in psychology:* Learning to tell the scientific story. Psychology of Aesthetics, Creativity, and the Arts, 2, 271–273.
- Paul J. Silvia (2006). The grim world of grant writing. [Review of the book *Writing the NIH grant proposal: A step-by-step guide.*] *PsycCRITIQUES*, 51(47), 15.
- Paul J. Silvia (2006). Review of the book *New directions in aesthetics, creativity, and the arts.*Psychology of Aesthetics, Creativity, and the Arts, S, 53.
- Paul J. Silvia (2007). Creativity, ordinary thinking, and the cultures of creativity research. [Review of the book *Creativity: Understanding innovation in problem solving, science, invention, and the arts.*] *PsycCRITIQUES*, 52(17), 3.
- Paul J. Silvia (2007). Review of the book *Group Genius: The Creative Power of Collaboration*. *Psychology of Aesthetics, Creativity, and the Arts, 1,* 254–255.
- Paul J. Silvia (2007). The ancestral angle on aesthetics, creativity, and the arts. [Review of the book *Evolutionary and neurocognitive approaches to aesthetics, creativity, and the arts.*] *PsycCRITIQUES*, 52(31), 7.
- Paul J. Silvia (2008). Review of the book *Write to the Top! How to Become a Prolific Academic.*Psychology of Aesthetics, Creativity, and the Arts, 2, 185–186.
- Paul J. Silvia (2009). This is your brain on art. [Review of the book *Neuroaesthetics*.] *PsycCRITIQUES*, 54(47), 5.
- Paul J. Silvia (2012, July 6). Practical ways to become more creative. [Review of the book Innovation Generation: How to Produce Creative and Useful Scientific Ideas.] Pacific Standard. Retrieved from http://www.psmag.com/science/book-review-practical-ways-become-more-creative-43275/.
- Paul J. Silvia (2014). What do museums do? [Review of the book *The Museum Effect: How Museums, Libraries, and Cultural Institutions Educate and Civilize Society.*] Psychology of Aesthetics, Creativity, and the Arts, 8, 514-515.

- Paul J. Silvia (2015). Want to learn about wanting to learn? [Review of the book *Curious: The Desire to Know and Why Your Future Depends on It.*] *PsycCRITIQUES*, 60(3), 5.
- . comments, encyclopedia entries, abstracts, newsletter essays, etc.
  - Guido H. E. Gendolla, Michael Richter, & Paul J. Silvia (2005). Self-focused attention and cardiovascular response in active coping. *Psychophysiology*, *42*, S58.
  - Todd B. Kashdan & Paul J. Silvia (2009). Curiosity. In Shane J. Lopez (Ed.), *Encyclopedia of positive psychology* (pp. 270–272). New York: Wiley-Blackwell.
  - Paul J. Silvia (1999). Explaining personality or explaining variance? A comment on Creed and Funder (1998). *European Journal of Personality*, 13, 533–538.
  - Paul J. Silvia (2007). Why don't we teach graduate students how to write? *Dialogue: The Official Newsletter of the Society for Personality and Social Psychology*, 22(1), 3.
  - Paul J. Silvia (2008). Self-awareness theory. In W. A. Darity, Jr. (Ed.), *International encyclopedia* of the social sciences (2nd ed., Vol. 7, p. 397). Detroit: Macmillan.
  - Paul J. Silvia (2009). "Certain things last": A skeptical look at Martindale's dirge for the arts. *Empirical Studies of the Arts*, 27, 203–208.
  - Paul J. Silvia (2009). Aesthetic emotions. In David Sander & Klaus R. Scherer (Eds.), *The Oxford Companion to Emotion and the Affective Sciences* (p. 9). New York: Oxford University Press.
  - Paul J. Silvia (2009). Interest/enthusiasm. In David Sander & Klaus R. Scherer (Eds.), *The Oxford Companion to Emotion and the Affective Sciences* (pp. 220–221). New York: Oxford University Press.
  - Paul J. Silvia (2011). Time for writing and other fragile creatures. Relationship Research News, 9(2), 11-13.
  - Paul J. Silvia (2012). Time for writing and other endangered creatures. *Dialogue: The Official Newsletter of the Society for Personality and Social Psychology*, 26(1), 27–29.

    Note: This is a revised version of the preceding essay.

- Paul J. Silvia (2013). Aesthetic meanings and aesthetic emotions: How historical and intentional knowledge expand aesthetic experience. *Behavioral and Brain Sciences*, *36*, 157-158.
- Paul J. Silvia (2014). Why big theories are fruitless, fragmentation is ideal, defining creativity is overrated, and method-driven research is urgent: Some thoughts on the flourishing state of creativity science. *Creativity: Theories–Research–Applications*, 1(2), 233-239.
- Paul J. Silvia, Alexander P. Christensen, & Katherine N. Cotter (2016). Commentary: The development of creativity—ability, motivation, and potential. *New Directions for Child and Adolescent Development*, 151, 105-113.
- Paul J. Silvia, Beate P. Winterstein, & John T. Willse (2008). The madness to our method: Some thoughts on divergent thinking. *Psychology of Aesthetics, Creativity, and the Arts, 2*, 109–114.

## . grants, funding, and awards

. ongoing grants

R. E. Beaty (Co-PI) & P. J. Silvia (Co-PI)

**Imagination Institute** 

Title: Creative Connections: Measuring Imagination with Functional Network Connectivity

Grant Number RFP-15-12

\$175,000; July 1, 2015 to June 30, 2017

Role: Co-Principal Investigator

Z. Ivcevic (PI) & P. J. Silvia (Co-PI)

**Imagination Institute** 

Title: Self-Regulation in Creativity: The Difference Between Having an Idea and Doing Something

With It

Grant Number (pending)

\$175,000 (final amount pending); July 1, 2015 to June 30, 2017

Role: Co-Principal Investigator

A. D. Anastopoulos, PI

**Institute of Education Sciences** 

Title: Improving the Educational and Social Emotional Functioning of College Students with ADHD

Grant Number R305A150207

\$3,179,850; July 1, 2015 to June 30, 2019

Role: Co-Investigator

P. J. Silvia, PI

National Institute of Mental Health

Title: Anhedonia and Cardiac Autonomic Effort Deficits in MDD in the Lab and Daily Life

Grant Number 2R15MH079374-02A1

\$431,283; July 28, 2014 to June 30, 2017

Role: Principal Investigator

# . completed grants and funding (by year)

M. J. Kane, PI

National Institute of Mental Health

Title: Executive control and schizotypy in the laboratory and daily life

Grant Number 1R15MH093771-01

\$418,500; September 1, 2011 to August 31, 2015

Role: Co-Investigator

C. M. Rodriguez, PI

National Institute of Child and Human Development

Title: Predicting Later Parent-Child Aggression in Expectant Parents: The Triple F Study

Grant Number 1R15HD071431-01A1

\$429,358; September 1, 2012 to August 31, 2015

Role: Co-Investigator

P. J. Silvia, PI

National Institute of Mental Health

Title: Self-focused attention, self-evaluation, and effort

Grant Number 1R15MH079374-01A2

\$209,250; April 1, 2010 to March 31, 2014

Role: Principal Investigator

K. M. Eddington, PI

National Institute of Mental Health

Title: Assessing change in short-term psychotherapy for depression using ESM

Grant Number 1R21MH090414-01A1

\$383,625; September 28, 2010 to November 1, 2013

Role: Co-Investigator

#### P. J. Silvia, PI

National Institute of Mental Health

Title: Self-focused attention and nonconscious self-evaluation

Grant Number 1R03MH073571-01A1

\$69,750; August 15, 2005 to July 31, 2007

Role: Principal Investigator

#### P. J. Silvia, PI

**UNCG New Faculty Research Grant** 

Title: Self-Awareness and Motivation

\$2,500; December, 2002

DAAD [German Academic Exchange Service] International Travel Grant

6000 DM; January 1999

# . awards, honors, and fellowships

2014, UNCG Junior Research Excellence Award

2014, William Evans Fellow, University of Otago, New Zealand

2014, Best Paper Award, International Society of Self and Identity (Silvia & Phillips, 2013)

2005, Early Career Award, American Psychological Association Division 10: Psychology of Aesthetics, Creativity, and the Arts

2001, Student Publication Award, Society for Personality and Social Psychology

## . courses taught

Academic Writing and Publishing (Psy 602)

Advanced Social Psychology (Psy 647)

Attitudes and Social Influence (Psy 461)

Careers in Psychology (Psy 122)

Cognition and Emotion (Psy 683)

Creativity and Innovation (Psy 735)

Personality Science (Psy 265, 360)

Professional Skills Seminar (Psy 493-Honors)

Psychology of Art, Creativity, & Genius (Psy 365)

Research Experience in Psychology (Psy 433) Social Psychology (Psy 260)

Methoden der pädagogischen Psychologie (16.363: University of Hamburg)

Psychologie des Interesses (16.392: University of Hamburg)

Foundations of Motivation (Psyc 612: University of Kansas)

Social Psychology (Psyc 360: University of Kansas)

## . professional service

#### . external service

Associate Editor, *Motivation and Emotion*, October, 2006 to July, 2010 (Richard M. Ryan, Editor)

Editorial board, Empirical Studies of the Arts (2006 to the present)

Editorial board, *Imagination, Cognition, and Personality* (2009 to the present)

Editorial board, *Journal of Creative Behavior* (2006 to the present)

Editorial board, *International Journal of Creativity and Problem Solving* (2007 to the present)

Editorial board, Personality and Social Psychology Bulletin (2006 to the present)

Editorial board, *Psychology of Aesthetics, Creativity, and the Arts* (2006 to the present)

Editorial board, Self and Identity (2003 to 2009, 2013-present)

Editorial board, Social Psychology (formerly Zeitschrift für Sozialpsychologie; 2007–present)

Editorial board, Social Psychological and Personality Science (2009–present)

Ad-hoc reviewer for American Journal of Psychiatry; American Journal of Psychology; Basic and Applied Social Psychology; Behavior Research Methods; Behavior Research and Therapy; Behavior Therapy; Behavioral and Brain Sciences; Biological Psychology; British Journal of Psychology; British Journal of Social Psychology; Clinical Psychology: Science and Practice; Clinical Psychology Review; Cognition; Cognition and Emotion; Cognitive Psychology; Consciousness and Cognition; Current Directions in Psychological Science; Emotion; Developmental Psychology; Empirical Studies of the Arts; European Journal of Social Psychology; Group Dynamics; Health Psychology; History and Philosophy of Psychology; Imagination, Cognition, and Personality; Intelligence; International Journal of Design; International Journal of Creativity and Problem-Solving; International Journal of Psychophysiology; Journal of Cognitive Neuroscience; Journal of Creative Behavior; Journal of Educational Psychology; Journal of Experimental Psychology: General; Journal of Experimental Psychology: Learning, Memory, and Cognition; Journal of Experimental Social Psychology; Journal of Happiness Studies; Journal of Intelligence; Journal of Nonverbal Behavior; Journal of Personality; Journal of Personality and Social Psychology; Journal of Positive Psychology; Journal of Psychophysiology; Journal of Research in Personality; Journal of Social and Clinical Psychology; Journal of Vocational Behavior;

Learning and Individual Differences; Motivation and Emotion; Music Perception; New Ideas in Psychology; Personality and Social Psychology Bulletin; Personality and Social Psychology Review; Personality and Individual Differences; Perspectives on Psychological Science; PLOS One; Poetics; Psychiatry Research; Psychological Assessment; Psychological Bulletin; Psychological Review; Psychological Science; Psychology of Aesthetics, Creativity, and the Arts; Psychology of Music; Psychomusicology; Quarterly Journal of Experimental Psychology; Review of General Psychology; Scientific Studies of Literature; Self and Identity; Social Behavior and Personality; Social Cognition; Social and Personality Psychology Compass; Social Psychological and Personality Science; Social Science Computer Review; Structural Equation Modeling; Thinking and Reasoning; and Thinking Skills and Creativity.

Grant proposal reviewer, National Science Foundation, BCS: Social Psychology Program; Swiss National Science Foundation (Switzerland); Social Sciences and Humanities Research Council (Canada)

Ad hoc member, NIH Social Psychology, Personality, and Interpersonal Processes (SPIP) Study Section: February, 2010; June, 2010; February, 2011; October, 2011; February, 2012; June, 2012; October, 2012; February, 2013; June, 2013; December, 2013, February, 2014; October, 2014; June, 2015

Ad hoc member, NIH Special Emphasis Member-Conflict Panel, February, 2013

Ad hoc member, NIH R15 AREA Panel (ZRG1 RPHB-E 90), June, 2013

Book reviewer for APA Books, Cambridge, Columbia, Elsevier, Erlbaum, Houghton-Mifflin, McGraw-Hill, Oxford, Prentice-Hall, Sage, and Wadsworth

UNCG's local representative for the Midwestern Psychological Association, 2003 to the present

# . service to professional societies

At-large member, APA Division 10, 2008-2011

Treasurer, APA Division 10, 2010–2012

President-Elect, APA Division 10, 2014-2016

Member, Publications Committee, Society for the Study of Motivation (SSM), 2010–2012

Executive Committee, Society for the Study of Motivation (SSM), 2007–2009

Program Chair, 2006 meeting of Society of Southeastern Social Psychologists in Knoxville, TN

#### . internal service

Director, Department of Psychology Undergraduate Honors Program, 2005–present Advisory Board Member, UNCG Center for Critical Inquiry in the Liberal Arts, 2006–2009 Advisory Board Member, MERGE Center, 2011–present Advisory Committee, UNCG New Faculty Mentoring Program, 2009–present Member, Faculty Senate Committee on Scholarly Communication, 2007–2009

Search committee member, Cognitive Psychology Faculty Search, 2002–2003; Clinical

Psychology Faculty Search, 2004–2005; Social Psychology Faculty Search, 2006–2007, 2010–2011, 2014–2015; Assistant Dean of the Honors College, 2011; Clinical Psychology Faculty Search, 2012–2013

Undergraduate Studies Committee, 2003–2007, 2010–present

Psychology Department Executive Committee, 2004–2006

Co-coordinator, 2003 meeting of Society of Southeastern Social Psychologists, Greensboro, NC

Lloyd International Honors College, Honors Council, 2011–2014

College of Arts & Sciences Promotion & Tenure Committee, 2011–2013

Social Psychology Area Head, 2012—present

## . current and past professional memberships

International Association of Empirical Aesthetics

Society for Ambulatory Assessment

Society for the Psychology of Aesthetics, Creativity, and the Arts (APA Division 10)

Society for the Study of Motivation

Society for the Teaching of Psychology (APA Division 2)

## . past professional memberships

American Psychological Association (resigned 2015, following the Hoffman Report)

American Psychological Society

European Association of Experimental Social Psychology

**International Social Cognition Network** 

International Society for Self and Identity

Midwestern Psychological Association

Society for Personality and Social Psychology (APA Division 8)

Society for Vocational Psychology (APA Division 17 subsection)

# . professional presentations

# . external writing presentations and workshops

Purdue University, Department of Educational Sciences: October, 2007

University of North Carolina at Charlotte, Graduate and Professional Student Assn: Feb, 2008

Dun Loaghaire Institute for Art, Design, and Technology (IADT), Dublin, Ireland: Sep, 2008

University of Massachusetts at Dartmouth: November, 2008, 2009; March, 2012; April, 2014

University of Kansas: April, 2009 Salisbury University: August, 2010 University of North Carolina at Charlotte, Dissertation Boot Camp, October, 2010

Vanderbilt University, November, 2010

University of North Carolina at Chapel Hill, Developmental Area: September, 2011

Baylor University: February, 2012

LEADER ADVANCE Consortium: April, 2012

University of Kentucky: April, 2012 Nebraska ADVANCE: January, 2013

Wake Forest University, Postdoctoral Association: April, 2013

University of Wisconsin, Madison, Writing Center and Graduate Student Assn: May, 2013

University of Wisconsin, Stout: May, 2013

University of Buffalo: June, 2013

University of Otago, New Zealand: July 2014

## . invited colloquia

- Paul J. Silvia (2014, December). What moderators reveal: *Personality, art expertise, and preference for curved objects*. Presentation at the "Symposium on Preference for Curvature" (Enric Munar, Organizer), Palma de Mallorca, Spain.
- Paul J. Silvia (2014, December). *Self-regulation and depression: From the couch to the lab to everyday life.* The Styrian Society, Graz, Austria.
- Paul J. Silvia (2014, August). SST and self-regulatory processes in major depression. Department of Psychology, Victoria University, Wellington, New Zealand.
- Paul J. Silvia (2014, July). *Self-regulatory processes in major depression, or: Our ESM SST MDD RCT*. Department of Psychology, University of Otago, New Zealand.
- Paul J. Silvia (2014, April). *Self-regulatory processes in major depression: Early findings*. Clinical Psychology Program, University of Virginia.
- Paul J. Silvia (2012, April). *Self-regulating possibility: Executive aspects of creative thought.* Social Psychology Program, University of Kentucky.
- Paul J. Silvia (2012, April). *Self-regulating possibility: Executive aspects of creative thought.*Social Psychology Program, Duke University.
- Paul J. Silvia (2012, March). *Self-regulating possibility: Executive aspects of creative thought.*Social Psychology Program, Wake Forest University.

- Paul J. Silvia (2012, February). *Advice for applying to the NIH AREA program*. Presentation at "Proposal Development Workshop" of American Association of State Colleges and Universities Grants Resource Center, Washington, DC.
- Paul J. Silvia (2009, April). *Academic writing: Some tips from the trenches*. Keynote address, Scholars Transforming Academic Research Symposium, University of North Florida, Jacksonville, FL.
- Paul J. Silvia (2008, October). *Interest and emotion*. Social Psychology Program, University of North Carolina at Chapel Hill.
- Paul J. Silvia (2008, September). *Emotions and aesthetic experience*. Dun Loaghaire Institute for Art, Design, and Technology, Dublin, Ireland.
- Paul J. Silvia (2006, September). *Interest, the curious emotion*. Social Psychology Program, Duke University.
- Paul J. Silvia (2006, September). *Creativity from the inside out*. Department of Interior Architecture "From Within" Lecture Series, University of North Carolina at Greensboro.
- Paul J. Silvia (2006, June). *Emotions, appraisals, and individual differences*. Social Psychology Department, University of Erlangen, Germany.
- Paul J. Silvia (2006, May). *Interest, the curious emotion*. Department of Psychology, University of Geneva, Switzerland.
- Paul J. Silvia (2005, March). *Exploring the psychology of interest, or, What is interesting?*Department of Psychology, University of Maine.
- Paul J. Silvia (2004, December). *Self-awareness and self-evaluation*. Department of Psychology, High Point University.
- Paul J. Silvia (2004, July). *Self-awareness and nonconscious self-evaluation*. Social Psychology Department, University of Erlangen, Germany.
- Paul J. Silvia (2002, November). *Defensive and constructive responses to failure: The brighter side of self-blame.* Department of Psychology, Wake Forest University.

- Paul J. Silvia (2000, December). *New directions in self-awareness research, or: Old directions in self-awareness research.* Social Psychology Department, University of Erlangen, Germany.
- Paul J. Silvia (2000, November). *Strategic self-categorization: Negotiating self-evaluation maintenance and social identity processes.* Department of Psychology, University of Amsterdam, The Netherlands.
- Paul J. Silvia (1999, May). *Self-awareness and attribution: When accuracy hurts.* Social Psychology Department, University of Erlangen, Germany.

### . conference presentations: talks

- Christina M. Rodriguez & Paul J. Silvia (2016, August). *Predicting father's parent-child aggression risk with the Following First Families study*. Paper to be presented in C. M. Rodriguez (Chair), *Remembering Fathers: Abuse Risk Factors and Prevention Strategies Applicable to Fathers*. Presentation at the annual convention of the American Psychological Association, Denver, Colorado.
- Christina M. Rodriguez & Paul J. Silvia (2016, June). *Translating the Following First Families* (*Triple-F*) *Study into physical child abuse prevention efforts*. Presentation at the annual conference of the American Professional Society for the Abuse of Children, New Orleans, LA.
- Roger E. Beaty, Mathias Benedek, & Paul J. Silvia (2015, August). *Creative connections: Default and executive networks cooperate during divergent thinking*. Presentation at the annual convention of the American Psychological Association, Toronto, Canada.
- Michael J. Kane, Georgina M. Gross, Charlotte A. Chun, Matthew E. Meier, Bridgette A. Smeekens, Paul J. Silvia, & Thomas R Kwapil (2015, June). What do cognitive abilities and schizotypic personality predict about mind wandering experiences in daily life?

  SARMAC XI, The Biennial meeting of the Society for Applied Research in Memory and Cognition, Victoria, British Columbia.
- Kari M. Eddington, Paul J. Silvia, Chris Burgin, Nillie Fallah, Catherine Majestic, Arianna Hoet, & Thomas R. Kwapil (2015, June). *Motivational Deficits Differentially Predict Improvement in a Randomized Trial of Self-System Therapy for Depression*. Paper presented at the annual meeting of the Society for Psychotherapy Research,

- Philadelphia, PA.
- Christina M. Rodriguez & Paul J. Silvia (2015, November). *Multimethod prediction of physical parent-child aggression risk*. Paper presented at the annual conference of the National Council on Family Relations, Vancouver, Canada.
- Paul J. Silvia (2014, December). Why is the intelligence and divergent-thinking literature so divergent? Presentation in the Invited Presidential Symposium "Creativity and Intelligence" (Aljoscha Neubauer & Mathias Benedek, Chairs) at the annual meeting of the International Society for Intelligence Research, Graz, Austria.
- Magdalena G. Grohman, Scott B. Kaufman, & Paul J. Silvia (2014). *Grit, conscientiousness, and openness to experience in creative achievement*. Presentation at the meeting of the American Psychological Association, Washington, DC.
- Emily C. Nusbaum, Roger E. Beaty, Paul J. Silvia, Thomas R. Kwapil, & Christopher J. Burgin (2014, August). *Turn that racket down! Physical anhedonia and diminished pleasure from music*. Presentation in the "Aesthetics, Creativity, and the Arts in Everyday Life—New Findings From Outside the Laboratory" session (Paul J. Silvia, Chair) at the meeting of the American Psychological Association, Washington, DC.
- Paul J. Silvia (2014, August). Feeling like crying as an aesthetic response to music: Personality, structure, and meaning. Presentation at the meeting of the American Psychological Association, Washington, DC.
- Paul J. Silvia, Emily C. Nusbaum, & Roger E. Beaty (2014, August). "Little c" creativity in daily life: Exploring everyday creativity. Presentation in the "Aesthetics, Creativity, and the Arts in Everyday Life—New Findings From Outside the Laboratory" session (Paul J. Silvia, Chair) at the meeting of the American Psychological Association, Washington, DC.
- Oshin Vartanian, Alenoush Vartanian, Roger E. Beaty, Emily C. Nusbaum, & Paul J. Silvia (2014). *Creativity and aesthetic appreciation in architecture*. Presentation at the meeting of the American Psychological Association, Washington, DC.
- Paul J. Silvia (2012, August). *Are smart people more creative? (Probably.)* Presentation in the "The Study of Creativity as a General Psychological Science" symposium (Gregory Feist, Chair) at the meeting of the American Psychological Association, Orlando, FL.

- Paul J. Silvia, Emily C. Nusbaum, & Roger E. Beaty (2012, August). Presentation in the "Are Smart People More Creative? Revisiting the Intelligence-Creativity Debate" session (Heather T. Snyder & Paul J. Silvia, Chairs) at the meeting of the American Psychological Association, Orlando, FL.
- Paul J. Silvia (2011, August). *Bridging creativity and the arts*. Presentation in the "Intersection of Creativity, Aesthetics, and the Arts: A Research Agenda" session at the meeting of the American Psychological Association, Washington, DC.
- Paul J. Silvia (2011, November). When the manuscript leaves the nest: Choosing and interacting with journals. Presentation in the "Academic Writing and Publishing: Some Practical Tips From the Trenches" session at the meeting of the Society of Southeastern Social Psychologists, Johnson City, TN.
- Paul J. Silvia (2011, August). *Bridging creativity and the arts*. Presentation in the "Intersection of Creativity, Aesthetics, and the Arts: A Research Agenda" session at the meeting of the American Psychological Association, Washington, DC.
- Paul J. Silvia, James C. Kaufman, Roni Reiter-Palmon, & Benjamin Wigert (2011, August). *Clumps of creativity: Using latent class analysis to uncover domains of creative accomplishment.* Presentation in the "Creativity or Creativities?" session at the meeting of the American Psychological Association, Washington, DC.
- Paul J. Silvia (2011, May). *Write every (week)day*. Presentation in the "Perspectives on Scientific Writing" workshop session (Randall W. Engle, chair) at the meeting of the Association for Psychological Science, Washington, DC.
- Paul J. Silvia (2011, May). *The psychology professor's guide to (avoiding) writing.* Invited plenary address to the Society for the Teaching of Psychology (STP) Teaching Institute at the meeting of the Association for Psychological Science, Washington, DC.
- Paul J. Silvia (2008, August). *Confusion, interest, and the knowledge emotions.* Presentation at the meeting of the International Association for Empirical Aesthetics, Chicago, IL.
- Paul J. Silvia (2008, August). *Emotions and aesthetic emotions*. Presentation in the "TITLE" at the meeting of the American Psychological Association, Boston, MA.

- Paul J. Silvia (2008, June). *How to write a lot: Tips for increasing writing productivity.*Presentation at the meeting of the Society for the Psychological Study of Social Issues, Chicago, IL.
- Paul J. Silvia (2007, August). *Surviving the dissertation experience*. Presenter in the APAGS panel discussion (Donald Knight, Moderator) at the meeting of the American Psychological Association, San Francisco, CA.
- Paul J. Silvia (2007, May). *Measuring creativity with divergent thinking tasks*. Paper presented in the "Creativity and Innovation" symposium (Paul J. Silvia & Christine Charyton, Moderators) at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Paul J. Silvia (2007, January). *Early career writing: Easy lessons learned the hard way*. Paper presented in "The Agony and Ecstasy: Writing in Personality and Social Psychology" symposium (Jamie Arndt & Theresa Vescio, Chairs) at the meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Paul J. Silvia (2007, January). *Interest and its curious causes*. Paper presented in the "What's My (Intrinsic) Motivation? The Social Psychology of Interest" symposium (Jessi Smith, Chair) at the meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Paul J. Silvia (2006, November). *Interest, confusion, and the knowledge emotions*. Paper presented in the "Cognition & Emotion" symposium (Paul J. Silvia, Moderator) at the meeting of the Society of Southeastern Social Psychologists, Knoxville, TN.
- Paul J. Silvia (2006, August). Exploring the aesthetic emotions: On finding art interesting, enjoyable, contemptible, disgusting, and confusing. Invited Berlyne Award Address at the annual meeting of the American Psychological Association, New Orleans, LA.
- Paul J. Silvia, Guido H. E. Gendolla, Daniel McCord, William Drath, & Michael Richter (2006, May). *Self-focused attention and effort during self-regulation*. Paper presented in the "Motivation and Self-Regulation" symposium (Daniel Arrkelin, Moderator) at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Paul J. Silvia, Guido H. E. Gendolla, & Michael Richter (2005, November). *Try harder: Self-awareness and the self-regulation of effort.* Paper presented in the symposium "Motivated Social Cognition: Great Goals, Efforts, and Expectations" (Michael Olson,

- Chair) at the meeting of the Society of Southeastern Social Psychologists, Atlantic Beach, FL.
- Ann G. Phillips & Paul J. Silvia (2005, May). *Self-awareness and the emotional consequences of self-discrepancies*. Paper presented in the "Self II" symposium (David Skeen, Moderator) at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Paul J. Silvia, Guido H. E. Gendolla, & Michael Richter (2005, January). Self-awareness and effort during self-regulation: Insights from Brehm's theory of motivational intensity. Paper presented in the symposium "Issues in Social Motivation: Building on Jack Brehm's Contributions to Psychology" (Rex A. Wright, Jeff Greenberg, & Sharon S. Brehm, Chairs) at the meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Paul J. Silvia (2004, November). *Self-awareness and the dynamics of self-evaluation*. Paper presented in the "Current Research on the Self" symposium (Rick H. Hoyle, Moderator) at the meeting of the Society of Southeastern Social Psychologists, Clemson, SC.
- Paul J. Silvia (2004, April). *Self-awareness and nonconscious self-evaluation*. Paper presented in the "Social Cognition and Attitudes" symposium (Daniel Arrkelin, Moderator) at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Paul J. Silvia (2004, January). *Self-awareness and cognitive consistency motivation*. Paper presented in the symposium "New Directions in Self-focus Theory and Research: Revisiting the Austin *Ortgeist*." (Geoff MacDonald, Chair) at the meeting of the Society for Personality and Social Psychology, Austin, TX.

## . conference presentations: posters

- Georgina M. Gross, Charlotte Chun, Michael J. Kane, Paul J. Silvia, Bridget Smeekins, Matthew Meier, and Thomas R. Kwapil (2015). *The inclusion of cognitive dysfunction in the measurement of laboratory and daily-life schizotypy dimensions*. Poster presented at the 2015 meeting of the Society for Research in Psychopathology. New Orleans, LA.
- Paul J. Silvia, Kirill Fayn, Emily C. Nusbaum, & Roger E. Beaty (2015, August). *Openness to experience and awe from nature and music: Exploring profound aesthetic experiences*. Poster presentation at the annual convention of the American Psychological Association, Toronto, Canada.

- Paul J. Silvia, Karen S. Thomas, Emily C. Nusbaum, Roger E. Beaty, & Donald A. Hodges (2015, August). Who has musical ears? Personality, intelligence, and auditory discrimination ability. Poster presentation at the annual convention of the American Psychological Association, Toronto, Canada.
- Heather T. Snyder, Elaina Gogin, Leeanna Golemiewski, Nikole Niemeyer, Paul T. Sowden, James C. Kaufman, & Paul J. Silvia (2015, August). *Comparing self-assessment measures of creativity in college students*. Poster presentation at the annual convention of the American Psychological Association, Toronto, Canada.
- Bianca M. Zongrone, Roni Reiter-Palmon, James C. Kaufman, & Ryan Royston (2015, August). *The effects of proctoring and test administration method on creativity.* Poster presentation at the annual convention of the American Psychological Association, Toronto, Canada.
- Neus Barrantes-Vidal, Georgina M. Gross, T. Sheinbaum, Paul J. Silvia, & Thomas R. Kwapil (2015, March). *Conceptual and methodological inconsistencies in the multidimensional structure of schizotypy*. Poster presentation at the International Convention of Psychological Science, Amsterdam, The Netherlands.
- Joseph L. Nardello & Paul J. Silvia (2013, November). *Implicit self-focused attention: First-name priming increases effort-related cardiovascular activity*. Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Augusta, GA.
- Kimbrel, N. A., Morissette, S. B., Meyer, E. C., Silvia, P. J., Chrestman, R., Jamroz, R., & Young, K. A. (2012). *Gene x environment effects on depression trajectories*. Poster to be presented at the annual meeting of the Society for Neuroscience, New Orleans, LA.
- Emily C. Nusbaum, Roger E. Beaty, & Paul J. Silvia (2011, November). *Percolating creativity: The influence of caffeine on everyday creative thought*. Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Johnson City, TN.
- Roger E. Beaty, Emily C. Nusbaum, & Paul J. Silvia (2011, November). *Creating metaphor:*Cognitive abilities and the production of figurative language. Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Johnson City, TN.
- Emily C. Nusbaum & Paul J. Silvia (2010, October). *Shivers and timbres: Personality and the experience of chills from music.* Poster presented at the annual meeting of the Society of

- Southeastern Social Psychologists, Charleston, SC.
- Jessica M. Cooper & Paul J. Silvia (2007, May). *Appraisal components of negative aesthetic emotions*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Leslie H. Brown, Paul J. Silvia, Inez Myin-Germeys, & Thomas R. Kwapil (2006, November). The expression of affect and social anxiety in daily life. Poster presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, Il.
- Jamie O. Workman, Paul J. Silvia, & Wesley D. Allan (2006, November). How is facial recognition related to child and adolescent emotion understanding? Poster presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, II.
- Samuel A. Turner & Paul J. Silvia (2006, May). *Are interest and enjoyment distinct positive emotions?* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Jessica M. Cooper & Paul J. Silvia (2006, May). *Values, ideologies, and attitudes toward the prison system*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Paul J. Silvia (2006, January). *That's interesting: Cognitive appraisals and the emotion of interest.* Poster presented at the Emotion Preconference at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Guido H. E. Gendolla, Michael Richter, & Paul J. Silvia (2005, September). *Self-focused attention and cardiovascular response in active coping*. Poster presented at the annual meeting of the Society for Psychophysiological Research, Lisbon, Portugal.
- Ann G. Phillips, Paul J. Silvia, & Matthew Paradise (2005, May). *Self-discrepancies and emotional experience: A latent variable analysis*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Jan Eichstaedt & Paul J. Silvia (2005, April). *Indirekte Erfassung von Selbstaufmerksamkeit* mittels Worterkennungslatenzen (Indirect assessment of self-awareness using word-recognition latencies.) Poster presented at the 47th Tagung experimentell arbeitender

- Psychologen, Regensburg, Germany.
- Ann G. Phillips, Miriam Baumgaertner, Emily Maschauer, & Paul J. Silvia. (2005, January). Emotion concepts and self-focused attention. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Christopher Burgin, Emily Maschauer, Penny Wilson, Daniel McCord, & Paul J. Silvia (2004, November). *Ignoring others: Do socially anxious people disengage attention from emotional faces?* Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Clemson, SC.
- Emily Maschauer, Daniel Beauchamp, & Paul J. Silvia (2004, November). *Seeing smiles: Social anxiety and deficits in recognizing happy faces.* Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Clemson, SC.
- Ann G. Phillips & Paul J. Silvia (2004, November). *Self-awareness and the emotional consequences of self-discrepancies*. Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Clemson, SC.
- Ann G. Phillips, Miriam Baumgaertner, & Paul J. Silvia (2004, April). *Emotion concepts and self-focused attention: When do emotional effects on cognition require emotional experience?*Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Julia M. Whitacre & Paul J. Silvia (2004, April). Reasonable doubt standards and mock jurors' decision-making: Encouraging and discouraging findings. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Nyla R. Branscombe, Michael T. Schmitt, Paul J. Silvia, Russel Spears, & Donna Garcia (2002, June). *Group identification in interpersonal and intergroup contexts*. Presentation at the EAESP small group meeting on Differentiation Within Groups, Portugal.
- Scott Eidelman, Paul J. Silvia, & Monica Biernat (2002, May). *Restructuring the group boundaries in response to threat*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Paul J. Silvia, T. Shelley Duval, Chad Snow, & Ken Siegel (2002, February). What induces self-focused attention? Testing a Gestalt "figure–ground" model. Poster presented at the

- annual meeting of the Society for Personality and Social Psychology, Savanna, GA.
- Paul J. Silvia & T. Shelley Duval (2001, May). *Self-awareness, perceived ability to improve, and self-serving attributions*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- T. Shelley Duval & Paul J. Silvia (2001, April). *Self-awareness and causal attribution: A dual systems approach*. Presentation at the meeting of Social Psychologists Around the Midwest, Ames, IA.
- Paul J. Silvia (2001, February). *Self-awareness and terror management: Can self-focus be a source of mortality concerns?* Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Paul J. Silvia & Christian S. Crandall (2000, May). What causes spontaneous attribution? A perspective from Heider's balance theory. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Paul J. Silvia (2000, February). *Self-awareness and the regulation of emotional intensity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Nashville, TN.
- Michael T. Schmitt, Paul J. Silvia, & Nyla R. Branscombe (1999, May). *Integrating self-evaluation maintenance and social identity theory.* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Paul J. Silvia & Jack W. Brehm (1998, May). *Attentional distraction and the intensity of sadness*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

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